



## Learn How to Think Positively

By Glenn Harrold

DIVINITI PUBLISHING, United Kingdom, 2002. CD-Audio. Book Condition: New. 140 x 122 mm. Language: English . Brand New. This powerful Positive Thinking hypnosis CD by Glenn Harrold has recently been re-recorded. It contains two high quality recordings combining skilled hypnotherapy techniques with state-of-the-art digital recording technology to guide you safely into a deeply relaxed state. On both tracks Glenn s soothing voice will guide you into a completely relaxed state of mind body. You will also hear hypnotic echoed background affirmations panning from left to right across the stereo range and subtle background sound effects recorded at certain frequencies and in specific keys to enhance the deep relaxation effect. After being guided into a deeply relaxed and receptive state you will effortlessly absorb the many post hypnotic suggestions to help you think and feel much more positive.



## Reviews

This publication is definitely worth buying. It can be loaded with wisdom and knowledge I am easily could possibly get a satisfaction of looking at a composed publication.

## -- Rhiannon Steuber

Very helpful to all type of individuals. It really is rally interesting through looking at time. Its been designed in an extremely basic way which is just soon after i finished reading this pdf through which basically modified me, change the way i believe.

-- Tyshawn Brekke