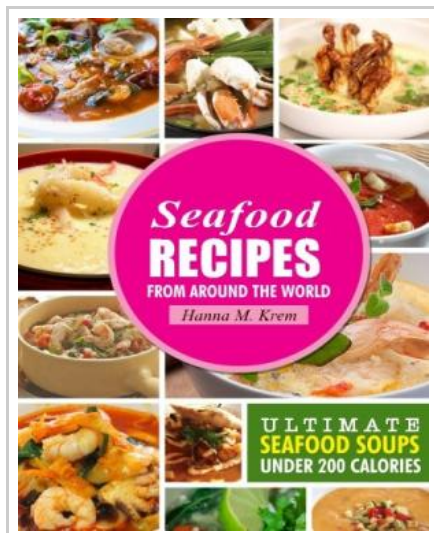




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Seafood Recipes: Ultimate Seafood Soups Under 200 Calories

By Hanna M Krem

Createspace, United States, 2014. Paperback. Book Condition: New. 254 x 203 mm. Language: English . Brand New Book ***** Print on Demand *****.Delicious and Healthy Seafood Soup Recipes All Under 200 Calories! Seafood Soups Are a Great Source of omega-3 Fats And Provide Dozens Of Health Benefits Seafood Recipes From Around The World: Delicious Seafood Soups Under 200 Calories is the second book in a series of meatless cookbooks containing hearty and low-calorie dishes. Seafood soups are a great way to get the necessary omega-3 fats in your diet. This book contains 18 delicious and healthy recipes that help maintain a healthy lifestyle. Some The Delicious Seafood Recipes Inside Fresh Seafood Stock Miyeokguk - Korean Seaweed Soup with mussels Hot And Sour Soup With Shrimp with lemongrass Brazilian Shrimp Soup Manhattan Clam Chowder Easy Coconut lime Tofu Soup Shrimp Wonton Soup Thai Coconut Curry Shrimp Soup Tom Yum Goong With Shrimp Soup Chunky and Delicious Lobster Bisque Soup Crab Bisque Soup - France Cioppino - From San Francisco Hungarian Fish Soup - Halaszle Spicy Korean Seafood Soup - Jjamppong Triple Broth Russian Fish Soup Uha Simple Fish Ball And Rice Soup Plus Many More Delicious Recipes!!!.



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